**A young mother with her young child**

Ian Gould © 22-29 Feb 2024

Helpless

hopeless

hapless

nap-less

Happiness

gratefulness

blissfulness

loveliness

Mist swirls

Mind untwirls

focus whirled

eyes unfurled

Hope colours

a glimpse

a sliver

some light

Somewhere

sometime

somehow

someone

But here?

now?

me?

Us?

May be…

choose free

high fee

still … be

Head? Muddled

Soul? Befuddled

Self? Addled

Tamaiti\*? Rattled

Heart battered

worn

torn

occasionally reborn

On edge

grasp ledge

thin wedge

new pledge

Freedom shout

turn about

who’s to blame?

hear my name

Sleep evades

mind avoids

altruism absent

heart-fail imminent

Peace eludes

time precludes

abuse denudes

soul bemused

Rest sought

can’t be bought

self brought

much thought

Stop…

Be…

Wait…

See

Believe…

Know…

Enjoy…

Grow

Connections root

good fruit

strong growth

benefits both

Embrace child-season

Clarify the reason

Poipoia te kaakano

kia puaawai\*\*

\*child

\*\*Nurture the seed and it will blossom