

A young mother with her young child

Ian Gould © 22-29 Feb 2024

Helpless

hopeless

hapless

nap-less

Happiness

gratefulness

blissfulness

loveliness

Mist swirls

Mind untwirls

focus whirled

eyes unfurled

Hope colours

a glimpse

a sliver

some light

Somewhere

sometime

somehow

someone

But here?

now?

me?

Us?

May be...

choose free

high fee

still ... be

Head? Muddled

Soul? Befuddled

Self? Addled

Tamaiti*? Rattled

Heart battered

worn

torn

occasionally reborn

On edge
 grasp ledge
 thin wedge
 new pledge
Freedom shout
 turn about
 who's to blame?
 hear my name
Sleep evades
 mind avoids
 altruism absent
 heart-fail imminent
Peace eludes
 time precludes
 abuse denudes
 soul bemused
Rest sought
 can't be bought
 self brought
 much thought
Stop...
 Be...
 Wait...
 See
Believe...
 Know...
 Enjoy...
 Grow
Connections root
 good fruit
 strong growth
 benefits both
Embrace child-season
 Clarify the reason
 Poipoia te kaakano
 kia puaawai**

*child

**Nurture the seed and it will blossom